



Cornerstone Multi Academy Trust

Swimming Policy

At Cornerstone Academy Trust schools, we aim to enable all our pupils to become competent, confident swimmers. Therefore, we ensure that children are given the opportunity to:

- Provide a safe environment for children to learn to swim;
- Develop water confidence;
- Make swimming an enjoyable and challenging physical experience;
- Provide children with the opportunities to experience different types of swimming strokes

Curriculum:

All children have equal access to the swimming curriculum regardless of race, gender or ability and in line with the school's policy on Special Educational Needs. Swimming develops children's overall physical health and fitness and encourages them to maintain a healthy life-style in later life. Pupils are taught to move and float in water with and without swimming aids. They are taught to feel the buoyancy and support of water and swimming aids and propel themselves using different swimming aids, arm and leg actions and basic strokes.

Pupils are taught to pace themselves in floating and swimming challenges related to speed, distance and personal survival. They are taught and assessed based upon the National Curriculum and Swim England School Swimming Awards. These are regarding their ability to swim unaided for a sustained period of time over a distance of at least 25 metres, use recognised arm and leg actions and a range of recognised strokes and personal survival skills.

Progress is reported to parents following each set of lessons in a year (approximately covering half a year).

Safeguarding

The children have swimming lessons in Year 2 and Year 3 and across all of KS2 if part of the school swimming squad.

They are taken to Middlemoor swimming pool and change when on site in the specified changing areas. School staff will be present outside the changing room to ensure the safety of pupils and will only enter in the event of an emergency. As part of this role school staff will also request all Middlemoor staff to refrain from use of the changing rooms whilst pupils are present. Pupils will be encouraged to change independently having received clear guidance before each swimming session. A sign is put on the doors stating:

'Children currently changing. There may be staff present in case of emergency'

Long hair is tied back and swimming hats should be worn if a member of school swimming squad. Whilst at Middlemoor all aspects of the school Child Protection policy are followed and adhered to.

Transport and supervision

The children are transported to the swimming pool in either the mini buses or school car. The school employs a swimming teacher and lifeguard to supervise the lessons and a class teacher is always present during the lessons.

All sessions will be delivered on a minimum of 1:12 ratio between teaching staff and pupils as stated within the Swim England guidelines for school swimming. Where needed, a child with SEN will have a 1:1 adult, which is in addition to the above ratios. This will be agreed with the SENCO and be based on their provision map and EHCP. No adult will go into the pool to swim with children unless: there is an

individual or group need that has been identified and assessed with the SENCO and in reference to the EHCP for each child; parental authorization has been confirmed and a risk assessment has been completed.

9.30am – 10.15am	Year 2 Swimming
10.15am – 11.00am	Year 3 Swimming
11.10am – 12.00am	Swimming Squad

9.05am	Year 2 bus run
9.20am	Year 2 changing
9.45am	Year 3 bus run
10.00am	Year 3 changing
10.30am	Year 2 return to school
10.45am	Squad bus run
11.00am	Squad changing
11.10am	Year 3 return to school
12.10am	Squad return to school